

INFORMATION FOR PARENTS & CARERS

Everyone has a role to play in keeping our school safe and helping to stop the spread of COVID-19.

DON'T SEND YOUR CHILD TO SCHOOL IF THEY HAVE COVID-19 SYMPTOMS.

VISIT [WWW.NHS.UK](http://www.nhs.uk) TO BOOK A TEST ONLINE. CALL 119 IF YOU CANNOT BOOK A TEST ONLINE.



YOU SHOULD BOOK A COVID-19 TEST IF YOUR CHILD HAS:

A HIGH TEMPERATURE

This means they feel hot to touch on their chest or back (you do not need to measure their temperature).

OR

A NEW CONTINUOUS COUGH

This means:

- coughing a lot for more than an hour
- 3 or more coughing episodes in 24 hours
- If they usually have a cough, it may be worse than usual

OR

A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE

This means they've noticed they cannot smell or taste anything, or things smell or taste different from normal.

IF YOUR CHILD DOES NOT HAVE SYMPTOMS OF COVID-19 BUT HAS OTHER COLD-LIKE SYMPTOMS, SUCH AS A RUNNY NOSE, THEY DO NOT NEED TO BE TESTED. THEY AND MEMBERS OF YOUR HOUSEHOLD / SUPPORT BUBBLE DO NOT NEED TO SELF-ISOLATE. YOUR CHILD CAN ATTEND SCHOOL IF FIT TO DO SO.

HERE'S WHAT TO DO IF:

YOUR CHILD HAS COVID-19 SYMPTOMS

WHAT TO DO:

- DO NOT SEND YOUR CHILD TO SCHOOL
- Book a COVID-19 test
- Household / support bubble self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the test is negative, providing they are well enough, have not had a fever for 48 hours and if they haven't been advised to self-isolate by the NHS.

YOUR CHILD TESTS POSITIVE FOR COVID-19

WHAT TO DO:

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform the school immediately about test result
- Your child self-isolate for at least 10 days from when the symptoms started

WHEN CAN MY CHILD RETURN?

Your child can return to school after 10 days from when the symptoms started even if they still have a cough/loss of smell or taste. These symptoms can last for several weeks.

SOMEBODY IN MY HOUSEHOLD / SUPPORT BUBBLE HAS COVID-19 SYMPTOMS

WHAT TO DO:

- DO NOT SEND YOUR CHILD TO SCHOOL
- The household / support bubble member should book a COVID-19 test
- Household / support bubble self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the symptomatic household / support bubble member's test is negative and if they haven't been advised to self-isolate by the NHS.

SOMEBODY IN MY HOUSEHOLD / SUPPORT BUBBLE TESTS POSITIVE FOR COVID-19

WHAT TO DO:

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform the school immediately about test result.

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation from when the first person in your home / support bubble started having symptoms.

CONTACT TRACING HAS IDENTIFIED MY CHILD AS A CLOSE CONTACT

WHAT TO DO:

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for 14 days or as long as the NHS advises you to

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed the period of self-isolation without any symptoms.

YOUR CHILD HAS BEEN IN CONTACT WITH SOMEONE WHO HAS BEEN IDENTIFIED AS A CLOSE CONTACT

WHAT TO DO:

- Attend school as normal
- If your child does not have any COVID-19 symptoms, they should carry on with normal activities but take extra care in practising social distancing and good hygiene

YOUR CHILD HAS TRAVELLED ABROAD AND HAS TO SELF-ISOLATE

WHAT TO DO:

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for 14 days in line with quarantine advice

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed the period of self-isolation without any symptoms.

If your child has been identified as a close contact of a case of COVID-19, or has returned from travelling abroad and is self-isolating, they must self-isolate for 14 days regardless of a negative COVID-19 test result.

If you are not able to get a test in the first five days of having symptoms, you and anyone you live with must self-isolate. Anyone in your support bubble must also self-isolate.

Further information can be found via <https://www.gov.uk/coronavirus> and <https://www.nhs.uk/>.